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	Health Ques	tionnaire for Internatio	nal Travel	
The detailed information	enables us to individualise a	and tailor travel advice to yo	our specific itinerary	
Personal Details	First Name:	Last Name:	DOB	
Dates of your Trip Detailed Itinerary	Date of Departure :	//20 Return	n Date: ://20	)
Country	Cities/Areas	Length of stay in days	Altitude Y/N – Metres	
Please circle all that desc	cribe your trip			
Trip Type	Business	Holiday	Visiting Family / Other	
Holiday Type	Package	Backpacking	Cruise / Trekking	
Accommodation	Hotel (A/C)	Budget / Hostel	Camping / Relatives	
Travelling	Alone	With Family / Partner	Friend / Group	
Staying In	Urban Area	Rural Area	Mountain / Arid Region	
Activities	Trekking	Safari / Adventure	Scuba / Extreme Activity	
HEALTH STATUS - Do	you have OR have you had	any of these medical proble	ems (please circle)	
Asthma / Epilepsy / Diab	petes / High Blood Pressure	/ Irregular Heart Beat/ DVT/	/ HIV/ Mastectomy	
Stomach Ulcers / Psorias	sis / Immunity conditions / Mo	ood or Anxiety Issues / Sple	enectomy / Liver or Kidney d	isease/Thymus
a) Other medical problem	ns (please specify)			
	ications (eg contraceptive pi ase circle) Eggs, Bees, Sulp		, Bandaids, Other	
d) Have you ever Fainted	d or had any serious reaction	ns after injections or giving b	olood? Yes / No	
e) Could you be pregnan	t now OR any plans for preg	nancy within 3 months of re	eturn Yes / No	

Yes / No

f) Does anyone around you have a weakened immune system? (Eg Cancer/HIV patients) Yes / No

i) Did you miss any of your usual childhood vaccinations?



## **VACCINATION HISTORY**

Ns	DISEASE	Previous	Date	Brand/	X	Dr's Schedule -	Dr's Use –	Qty
		Vaccination		Booster		Recall done Y/N	Travel Pack	
	Typhoid (IM / O)						Norfloxacin	
	Hep A (Adt/Jnr)						Azithromycin	
	Hep B						Stemetil	
	Rabies (IM/ID)						Loperamide	
	Tetanus/Pertussis						Aqium Gel	
	Polio / Adacelpolio						Gastrolyte ORS	
	Flu – Tri / Quad						Bushman 80%	
	Meningitis ACWY / B						Repel 30%	
	Yellow Fever(I)						EXTRAS	
	MMR (I)						Tinidazole	
	Chicken Pox(I)						Diamox (Acet)	
	Shingles VZV(I)						Cephalexin	
	TB (I)						Phenergan	
	Hib						Lariam	
	Japanese						Doxycycline	
	Encephalitis Pneumonia 13 / 23						Malarone	
	Cholera (o)							