

## **Bayside Marriage and Relationship Counselling**

**[www.baysidemarriage.com.au](http://www.baysidemarriage.com.au)**



### **Suzie Norwood – Couple Therapist**

As a University of Melbourne graduate in Social Work, Suzie has worked extensively in various frontline crisis roles, most recently with the Victorian Child Safety Commissioner. After undertaking specialist training in Couple Therapy she established a private practice influenced by the works of Dr John Gottman and Dr David Schnarch. Suzie is a member of the Australian Association of Social Workers (AASW), the Marriage and Relationship Educators Association of Australia (MAREAA) and a trained facilitator for the Prepare/Enrich program.

### **How can I help?**

There are many reasons why a couple might require my support. Perhaps a couple feel that they have drifted from each other. Concerns may relate to sex, intimacy and desire. Perhaps the pressures of managing work and home life is causing conflict. Couples also often seek help after an affair or betrayal.

Whatever the reason you come to Couple Therapy, I cannot promise to 'fix' your problem, however I can promise you do not have to face it alone.

### **Pre Marriage Education**

Research all over the world supports the view that participation in pre marriage education programs improves outcomes for the couple in the long term. All sorts of couples choose to enter marriage with a solid foundation by participating in a marriage preparation program. These include young couples, couples who have lived together prior to marriage, couples with children, remarriages and blended families. Experience of this program will equip you with the tools required for a long and fulfilling marriage.

For confidential appointments and information please phone Suzie directly on **0417 11 55 41** or visit [www.baysidemarriage.com.au](http://www.baysidemarriage.com.au)